Know the Signs of Stroke and Get Help Fast!

To check if someone is having a stroke, ask the person to give you five.

Things to look for or ask:

- 1. Walk Is their balance off?
- 2. Talk Is their speech slurred or face droopy?
- 3. **Reach** Is one side weak or numb?
- 4. See Is their vision all or partially lost?
- 5. **Feel** Is their headache severe?



If you see someone showing any of these signs,

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We promote and protect the health of the public and the environment.